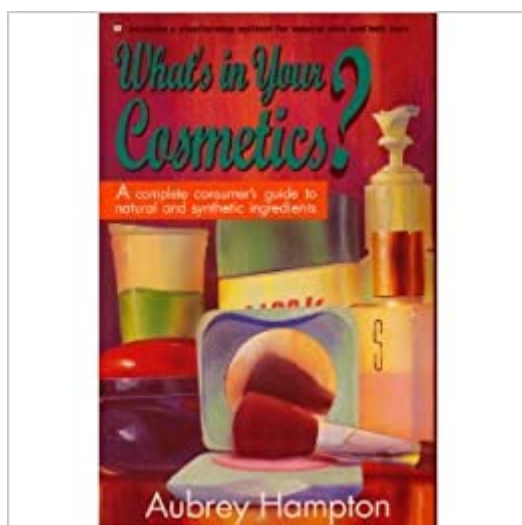


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# What's In Your Cosmetics?: A Complete Consumer's Guide To Natural And Synthetic Ingredients



## Synopsis

The most successful manufacturer of natural cosmetics gives readers the inside scoop on what to look for and what to avoid in their cosmetics. Aubrey Hampton teaches the reader "the fine art of reading a cosmetic label" and outlines a natural method of skin and hair care--with step-by-step diagrams. Includes a glossary of more than 1,000 cosmetics ingredients. Drawings and photos.

## Book Information

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Average Customer Review: 4.4 out of 5 stars 5 customer reviews

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## Customer Reviews

I LOVE THIS BOOK!!! As a formulator of natural cosmetics, this book is indispensable!!!

very helpful

I am an "Aubrey Organics Aficionado", and his cosmetics ingredients book is replete with accurate facts, data and information relating to what safe and harmful ingredients we use to apply to our faces and body. This is a wonderful source for all those interested in cosmetic chemistry and product ingredients.

Well organized and extremely informative. I'll definitely be using exclusively organic from now on too.

I thought this book would be a list of items listing what is good vs bad. It does have the list of items, but it does not usually list if it's good for you or bad for you.

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